# Therapy for Schizophrenia – Questions by Topic

#### Q1.

Briefly discuss **two** limitations of the family dysfunction explanation for schizophrenia.

(Total 6 marks)

### Q2.

Briefly outline how cognitive behaviour therapy (CBT) is used to treat schizophrenia **and** explain **one** limitation of using CBT to treat schizophrenia.

(Total 4 marks)

#### Q3.

Read the item and then answer the questions that follow.

Two years ago Jenny was diagnosed with schizophrenia. She has been taking a typical antipsychotic drug and there have been improvements in her positive symptoms. However she still suffers negative symptoms and side effects. Her psychiatrist wants to change her medication from typical antipsychotics to one of the atypical antipsychotics and has also suggested cognitive behavioural therapy.

(a) Outline **one** negative symptom of schizophrenia.

(2)

(b) With reference to the item above, explain why Jenny's psychiatrist wants to move her on to one of the atypical antipsychotics.

(4)

(c) Briefly explain **one** advantage of cognitive behavioural therapy in the treatment of schizophrenia.

(2)

(Total 8 marks)

### Q4.

Apart from effectiveness, briefly explain **one** limitation of drug therapy for schizophrenia.

(Total 2 marks)

# Q5.

A researcher investigated the effectiveness of typical and atypical psychotics in schizophrenia patients with either negative or positive symptoms.

Percentages of patients with either negative or positive symptoms, responding well to typical or atypical antipsychotics.

|                                 | Number of patients responding well to atypical antipsychotics | Number of patients responding well to typical antipsychotics |
|---------------------------------|---|--|
| Patients with negative symptoms | 30  | 16   |
| Patients with positive symptoms | 60  | 60   |

What does the data in the table seem to show about the effectiveness of typical and atypical antipsychotics in the treatment of schizophrenia?

(Total 4 marks)

### Q6.

Outline and evaluate the use of antipsychotic drugs to treat schizophrenia.

(Total 8 marks)

# Q7.

Discuss token economies as a method used in the management of schizophrenia.

(Total 8 marks)

#### Q8.

'Therapies can be time-consuming and, in some cases, uncomfortable for the client. It is, therefore, very important to offer the most appropriate and effective type of treatment.'

Outline and evaluate **two or more** therapies used in the treatment of schizophrenia.

(Total 16 marks)